

LISA WALDEN -
BIOGRAPHY





Lisa X. Walden is a speaker, strategist, and consultant dedicated to helping businesses create authentic, empowering workplaces that don't inspire the dreaded Sunday scaries. Her presentations deliver action-oriented insights that help people better connect, collaborate, and communicate.

As co-founder of Good Company Consulting, her work is centered on the (strangely revolutionary) concept that people and strategy don't have to be mutually exclusive. She takes a holistic approach to workplace strategy, keeping human beings - arguably the most valuable resources - at front and center. Lisa Walden's speeches focus on how to maintain thriving cultures, best-practices for mindful communication practices, and tactics for nurturing the single most important component of a healthy work environment—trust.

Walden has worked with a broad range of clients and organizations, ranging from architects, to finance, real estate, and hospitality. In her speeches, Lisa strives to inspire mindset shifts by presenting valuable, research-based insights in a way that resonates, engages, and entertains. She weaves in stories, statistics, case studies, and some good old-fashioned self-deprecating humor into each and every one of her presentations.

Lisa Walden is the co-author of *Managing Millennials for Dummies* and is deep in the trenches of planning her next book. She is a voracious consumer of all business-related books, podcasts, magazines, and think pieces.